



2015-2016 VARSITY CHEERLEADING SQUAD

MONDAY-THURSDAY, MARCH 23RD-26TH | 3:00PM-5:00PM



Thank you for your interest in MCK cheerleading! In this packet, you will find the following: tryout information with a list of important dates, an information sheet, the 2015-2016 rules for Cheerleading, and the Statement of Permission and Agreement. You **MUST** complete and turn in the consent form by March 20th. Please read and understand the enclosed information before tryouts.

Cheerleading Tryout Dates:

- Mandatory Try-out clinic will be held on Monday through Wednesday, March 23rd–March 25th from 3:00-5:00 pm.
- Tryout material will be taught during this time.
- **Official auditions will take place on Thursday, March 26th 3:00-5:00pm.**

Eligibility:

To be eligible in the fall/spring of 2014 -2015 for cheerleading, a student must have:

- Achieved a 2.5 grade point average for the previous semester
- Been present 85% of the previous semester
- No school suspensions

**Keep this page for
your information.**

**Pages 2-7 are due by
March 20th.**

The following **MUST BE** turned in **BEFORE** you can participate in clinic or tryouts:

- \$25 tryout fee
- Insurance Waiver and Release Form
- Completed Information Sheet
- Statement of Permission and Agreement

Note: *The deadline for turning in this paperwork is **March 20th**; however, the earlier you can get this paperwork in, the better. Participation in cheer try-outs will be prohibited if any of the forms are missing or incomplete.*

Selection of the cheerleaders will be based on the following:

- A cheer, chant, & dance that will be taught to you during the clinic. You may be required to create an original cheer within a group.
- Jumps (A toe touch, a side herkie, and a front hurdler are required- descriptions and pictures can be found on the Google website.
- Athleticism and physical fitness
- Scholastic achievement, eligibility, and teacher recommendations
- Conduct, attitude, initiative, teamwork, leadership, work ethic, enthusiasm, and coachability

What do you wear to tryouts?

- During clinic days please wear comfortable, length appropriate shorts and a t-shirt or tank top. Dress as if you would dress for cheerleading practice. Shorts should be three inches long. Sports bras must be worn. No basketball shorts or pajamas. No denim shorts, jewelry, or artificial nails. Your hair should also be off your shoulders. No wraps, long hair/braids hanging etc.
- On official try-out day, you will need to wear dark colored shorts (black or navy blue not jeans) and a solid white t-shirt or tank top. **Your hair should be off your shoulders and no jewelry should be worn.**
- **Please do not wear any previous cheerleading or dance attire during tryout week.**

**For those who make the squad:
There will be a MANDATORY meeting for all cheerleaders and their parents,
April 1st, 2015 at 6pm
\$300 camp fee due by Mon. April 27th**

Cheer Practice will begin on Monday, April 27th, and will continue until school begins. These practices are mandatory.

Varsity Cheer Constitution

McKinley High School Cheerleaders represent one of the most talented and esteemed high school cheer squads in East Baton Rouge Parish. Our squad consists of a high spirited group of students who are chosen each spring by an intensive try-out. Our cheer squad has set the standard of excellence for high school cheer squads in across the state. Interested girls must be current or transferring McKinley students for the fall semester. Those selected must maintain and uphold the standards of the school, and squad. Cheerleaders must have and maintain a 2.5 grade point average each grading period, in order to audition and remain on the squad. Previous cheer experience is not necessary.

This year we've created a new system in which every student who makes the 2015-2016 cheerleading squad must compete for summer camp and cheer for the football season, provided that all requirements are met. However, after football season there will be a handpicked squad for basketball and competition season. Everyone may not perform for 2nd semester of the cheer season. This should be understood upon tryouts. Selection for the basketball/competition squad will be based on attitude, effort, and performance. The competition squad will compete at three different locations: Baton Rouge, New Orleans, and Biloxi. The exact dates are to be announced.

I. Appearance

Members of the cheer squad should maintain the appearance of a respectable young lady. Cheerleaders are expected to dress appropriately at all times. Make-up and hair should follow the guidelines defined in the student handbook. During performances, Cheerleaders will wear similar hair and make-up as it is part of the uniform. Girls who refuse to adhere to these guidelines may face disciplinary action. Practice uniforms should be worn in the practice area only, and **NOT** worn around campus.

Physical fitness is important. There is no weight requirement to be a Cheerleader. However, Cheerleaders should be able to perform high energy routines and cheer for an extended period of time. It is the responsibility of the Cheerleader to maintain her physical stamina.

II. Academics

Being a strong student is important when on the cheer squad. Cheerleaders must have a non-weighted GPA of 2.5. Academics come before all cheer duties. If the GPA falls below 2.5 on any progress or report card, the cheerleader will not be allowed to perform until the next grading period. If the GPA does not recover within 6 weeks, student will be dismissed from the squad and forfeit all funds paid. Students on probation must turn in Friday sheets to the sponsor the following Monday by 2:25.

III. Discipline

Cheerleaders are expected to carry themselves as young ladies at all times. Any behavior deemed inappropriate may result in disciplinary action and dismissal from the squad. The following behaviors are looked down upon by the coach and sponsor of the squad and may result in disciplinary action, demerit issuance, and/or dismissal from the squad:

- a. Class disruption, disrespect to teachers, staff, administration
- b. Negative behavior report from any teacher, staff, or administrator to the sponsor
- c. Inappropriate dress OR behavior (including head wraps)
- d. Fighting
- e. Excessive tardies or Cutting class

f. The instigation of mess on campus, off campus, via text and/or social media networks. Cheerleaders will be disciplined according to the student handbook. For any of these previously stated actions, demerits may be issued along with a consequence. The accrual of 10 demerits at any time will result in immediate dismissal from the squad and forfeiture of all funds paid.

IV. Finances

Cheerleaders are expected to pay their financial obligations on time. It is the responsibility of the Cheerleader to pay her financial obligations. Financial obligations include transportation and coach's fees, uniforms, etc. Cheerleaders with outstanding financial obligations may be denied the right to tryout, report cards may be held, and seniors may not be allowed to graduate. It is the responsibility of the Cheerleader to make financial arrangements with the sponsor in the event that she cannot pay on time. Participation in fundraising is encouraged. If a student is dismissed from the squad or quits for any reason, all funds that have been paid or fundraised are forfeited and will not be refunded.

V. Uniforms

Uniforms are purchased by each squad member. A budget is set at the beginning of each squad year; Cheerleaders are responsible for the cost of uniforms, stockings, make-up, shoes, and other necessary items. On occasion, used uniforms are available. Each Cheerleader is expected to maintain her uniform at all times. Uniforms cannot be worn if they are torn, dirty, or in disrepair. It is the responsibility of each individual Cheerleader to purchase replacement items as needed. Cheerleaders are to inform the sponsor when uniforms are damaged or in need of repair. Failure to uphold the uniform guidelines will result in demerit issuance. A letterman jacket is earned after a Cheerleader completes 2 consecutive years on the squad. The individual Cheerleader is responsible for the cost of her jacket. This rule was established by and is enforced by the athletic director at McKinley High.

VI. Miscellaneous

Commitment, dedication, hard work: these are the fundamental components of the Cheer Squad. Each member is expected to be committed to the squad. Practices are after school. In the fall, practice could be daily. Members are expected to arrive on time and participate fully as part of their commitment to the squad. Cheerleaders are dedicated. Long hours of practice pay off. Dedicated squad members do not disrespect their squad mates, the school, or any of its squads. Hard work is part of success. The Cheerleader Cheer Squad is successful due to the hard work of its members. Cheerleaders are expected to work hard in the classroom, at home, at practice, and during performances every day. Failure to display these characteristics will result in demerit issuance and possibly removal from the team.

BY SIGNING THIS DOCUMENT, YOU AGREE TO THE RULES AND PROCEDURES OF THE CHEERLEADER CHEER SQUAD AT MCKINLEY HIGH.

YOUR SIGNATURE: _____ **DATE:** _____

PARENT SIGNATURE: _____

DOMINIQUE ZENON, SPONSOR

Information Sheet

Please complete the following information. Please write LEGIBLY.

Student Name:	Birthday:
Current Grade Level:	School you currently attend (14-15):
Home Address:	
Home Phone:	Cell Phone:
Email address:	
Current Math Teacher's Name: <i>Non- MCK students, provide teachers' email address</i>	Current English Teacher's Name: <i>Non- MCK students, provide teachers' email address</i>

Parent/Guardian Name:	
Home address (if different from above)	
Parent/Guardian Home Phone (If different from above)	
Mother's Work Phone:	Mother's Cell Phone:
Mother's Email:	
Father's Work Phone:	Father's Cell Phone:
Father's Email:	
Emergency Contact Name:	Relationship to You:
Emergency Phone:	Emergency Cell Phone:

Allergies/Health Problems/ Medications (Please describe in detail):

Were you involved in any behavior infractions (suspensions) during the 2014-2015 school year? YES NO

If yes, please explain: _____

Discipline Record

Applicant: _____

Current Grade 2015-2016 (circle one): 8th 9th 10th 11th

~Fill out the information above and give this form to an administrator or dean to complete.

-----****The portion below should be filled out by an administrator or dean****-----

Current GPA (1st semester report card): _____

Number of Suspensions _____ Number of TOR assignments _____

This student has been cleared by the discipline office for tryouts.

Signature of AP or Dean: _____

Comments:

Please email Mrs. D. Zenon at dmcknight@ebschools.org , if you have any other comments or concerns about this student.

*If you are transferring to McKinley, have your Principal or Vice Principal fill out, sign, and fax this form to:

McKinley High School
Attn: Mrs. D. Zenon
225-387-5435

Statement of Permission and Agreement

Once selected for the cheerleading squad, you realize that you are making a commitment to Mckinley High School, your coaches, your teammates, and yourself for the **complete summer & football season (April-November)**. The decision to tryout should not be taken lightly. You will be expected to put cheerleading as one of your top priorities. Furthermore, as a representative of Mckinley, you must **maintain proper behavior** at all times. You must follow the cheerleading guidelines set forth in the Mckinley High School Cheerleading Constitution. Students who break the rules will be disciplined. By making this commitment to the Mckinley High School Cheerleading program, you will receive many valuable and rewarding educational experiences that you will remember long after you graduate from high school. These activities will not only channel your enthusiasm and spirit in a constructive and beneficial manner, but will give you a sense of pride and accomplishment in being a part of a group that has earned the reputation as one of the finest in East Baton Rouge Parish. I am aware that must have a physical on file for the upcoming year by April 27th to begin practicing.

Student Agreement

I, _____, have read and understand the 2015-2016 RULES FOR CHEERLEADING. I agree to abide by the policies described if I am chosen as a member of the squad. I am agreeing to the information in the packet and understand that failure to adhere to these rules policies could result in dismissal from the squad.

Student Signature

Date

Parent/Guardian Agreement

I, _____, the parent or legal guardian of _____, have read and understand the 2015-2016 RULES FOR CHEERLEADING and the 2015-2016 TRYOUT INFORMATION. I agree to abide by the policies described if my child is chosen as a member of the squad. I also agree to the financial obligations as they are described in the information provided. I understand that failure by me or my child to adhere to these policies could result in dismissal from the squad. **I am aware that a parent must be present at the meeting on April 1st in order for my child to remain on the team and that the first payment of \$300 is due by April 27th (NO EXCEPTIONS).** I am aware that must have a physical on file for the upcoming year by April 27th for my child to begin practicing.

Parent Signature

Date

Medical Treatment Authorization and Liability Release Form

I, the undersigned parent or guardian, do hereby grant permission for my son/daughter, _____, to participate in the activity of cheerleading at Mckinley High School. In order that my son/daughter may receive the necessary medical treatment in the event he/she may sustain injury or illness during participation in this activity, I hereby authorize the cheerleading coach or other supervising adult to obtain medical treatment for my son/daughter for such injury or illness during the activity, and I hereby hold East Baton Rouge Public Schools, and its representatives harmless in the exercise of authority.

I understand that this activity involves risk to the participant. I further acknowledge and understand that due to the nature of this activity, which involves inversion and rotation of the body, there is a possibility that my son/daughter may sustain physical illness or injury (minimal, serious, or catastrophic), in connection with his or her participation. I further acknowledge and understand that my son/daughter is assuming the risk of such physical illness or injury by his/her participation, and I further release Mckinley High School and its representatives from any claims for personal illness or injury that my son/daughter may sustain during participation in this activity.

Further, we understand that school and or personal insurance must cover our son/daughter if ever injured. We give our permission for our child to receive medical attention in the event that we cannot be present or reached for any reason. My son/daughter and I have read and understood the above Medical Treatment Authorization and Liability Release.

Signature or Parent or Guardian Date _____
Participant's Signature Date

**Contract Agreement
Applicant Release:**

I, _____, have read all the tryout regulations for the McKinley Cheerleading Squad. As a representative of my school, I understand and agree by them if selected as a cheerleader for the 2015-2016 school year.

Signature of applicant Date

Parental Release:

I, the undersigned, have read and fully understand the tryout regulations. I further understand that this is an extracurricular activity and that attendance at all practices, games, and special functions is a requirement of the elected cheerleader.

I hereby give consent to my son/daughter, _____, to try-out for cheerleader at McKinley High School and recognize his/her responsibilities and requirements as a leader of his/her school. I understand that, if chosen, my son/daughter will be required to pay for uniforms, shoes, socks, bows, and competitions. I further understand that McKinley High School has established rules and regulations pertaining to conduct. All cheerleading participants must abide by these rules and regulations during participation in this activity, and that my son/daughter and I will be responsible for his/her failure to abide by those rules and regulation. **I understand that in order for my child to remain on the squad I must attend the mandatory parent meeting on April 1st and pay the \$300 camp fee by April 27th.**

Signature of Parent/Legal Guardian Date